



Innovative teaching and learning path for the prevention of new drugs abuse (INES)

## Survey on NPS teaching needs for teachers

New Psychoactive Substances (NPS) represent a large and increasing group of chemical compounds characterized by pharmacological and toxicological properties particularly dangerous for the health of consumers. They include stimulants, many synthetic substances intended to mimic the effects of controlled drugs and are treated as legal replacements for them. They may be sold in a range of products under the guise of “legal highs”, “researched chemicals”, or “dietary supplements”. As underlined in the last European Drug Report (EMCDDA, 2018) the “New psychoactive substances continue to challenge public health: [the priority is] to identify and respond to the emergence of drugs that has been lacking elsewhere”.

Aiming to promote student’s strengths, their reflexive capacity, and key competencies to tackle the abuse of the above-mentioned substances, the project **Innovative teaching and learning paths for the prevention of new drugs abuse - INES**, (2021-1-IT02-KA220-SCH-000032570 - Cooperation Partnership in School Education) was granted with financial support from the Erasmus+ program. The project is developed under the coordination of Bologna University (Italy) and gathers European partnership comprising Porto University (Portugal), Transilvania University of Brasov (Romania), Technical and Economic Institute (ITC) "G. Salvemini" (Italy), Mircea Cristea Technical College (Romania), Secondary School João Gonçalves Zarco (Portugal) and Productions Associees company (Belgium).

In this context, a survey was developed to find your opinion regarding the complex and challenging subject of NPS and how it is currently approached in the educational environment. Your answers are valuable for the prevention of new drugs abuse, by developing innovative didactic strategies and resources for students and teachers in high schools.

Your participation is voluntary, anonymous and the information is confidential. We assure you that there are no right or wrong answers. We also assure you that all data collected through this survey will be processed and analyzed by the project team for project implementation, respecting the requirements imposed by the directive for protection of personal information and image rights.

Thank you for agreeing to complete our survey!

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<b>1 How well-informed do you consider yourself about drugs and their effects?</b>	1. Not at all informed	2. Very little informed	3. Well informed	4. Very well informed
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<b>2. How well-informed do you consider yourself on the topic of NPS?</b>	1. Not at all informed	2. Very little informed	3. Well informed	4. Very well informed
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<b>3. Where do you get your information about NPS from? (mark multiple answers if you consider it appropriate)</b>			
1. Family members	2. Friends	3. Teachers	4. Other colleagues/peers
5. Mass media	6. TikTok	7. Facebook	8. Twitter
9. YouTube	10. Wikipedia	11. Instagram	12. Podcasts
13. Internet forums		14. Specialists from different institutions/associations	
15. From school, through different programs aimed at dissemination of information about drug use		16. Scientific literature (articles, reports, studies)	
17. Others (please specify) .....			

<b>4. What are the people/institutions/sources that you find trustworthy when learning about NPS? (mark multiple answers if you consider it appropriate)</b>			
1. Family members	2. Friends	3. Teachers	4. Other colleagues
5. Mass media	6. TikTok	7. Facebook	8. Twitter
9. YouTube	10. Wikipedia	11. Instagram	12. Podcasts
13. Internet forums		14. Specialists from different institutions/associations	
15. From school, through different programs aimed at dissemination of information about drug use		16. Scientific literature (articles, reports, studies)	

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17. I don't know any trustworthy sources	18. Others ( <i>please specify</i> ).....
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5. How harmful do you think NPS are?				
1. Not at all harmful	2. A little harmful	3. Harmful	4. Very harmful	5. I don't know, I can't tell

6. Which are the reasons why students are willing to try/to use NPS? ( <i>mark multiple answers if you consider it appropriate</i> )	
1. Imitating the behaviour of a friend group to avoid feeling different	2. The wish to stand out
3. Imitating the behaviour of a friend group to avoid feeling left out	4. The wish to imitate a certain person
5. To become more self-confident	6. Out of curiosity
7. To cope with personal difficulties	8. The wish to experiment with new things
9. Availability of NPS at the places where they hang out	10. To follow the trend
11. To fit in the group they like	12. The wish to become a leader
13. To have fun	14. Others ( <i>please specify</i> )

7. Where do you think NPS are consumed/used?		
1. In bars	2. In quiet areas	3. At music festivals and concerts
4. In clubs	5. In neighbourhoods	6. At parties
7. In recreational areas	8. In parks	9. In schools
10. At home	11. At a friend's home	12. Somewhere else ( <i>please specify</i> ):.....

8. Do you think NPS creates addiction?	
1. From the first use	2. After 2-3 uses
3. After 4-5 uses	4. After more than 6 uses

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5. NPS doesn't create addiction	6. I don't know/ I can't tell
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<b>9. To what degree do you consider the addiction to NPS can be controlled by the user?</b>				
1. Very low	2. Low	3. High	4. Very high	5. I don't know

<b>10. Have you ever been approached by students with difficult personal issues asking for help/support?</b>	1. Yes	2. No	3. I don't recall
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<b>11. Are you willing to offer support to students with difficult personal issues?</b>	1. Yes	2. No	3. I cannot decide
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<b>12. Have you ever taken part in activities regarding drug use prevention, conducted by authorized personnel (teachers, specialists, authorities, others)?</b>	
1. Yes	2. No

<b>13. How effectively do you consider the drug abuse prevention initiatives in your school to be?</b>				
1. Not efficient at all	2. Not efficient	3. Somewhat efficient	4. Very efficient	5. I don't know

<b>14. The interventions proposed by your school are:</b>		
1. episodic (1-2 times per year)	2. part of the school curriculum	3. no specific interventions are implemented

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**15. In your school's prevention activities, your involvement is mainly:**

1. "active" (I actively participate in the construction of educational proposals to address the issue of prevention)	2. "passive" (I listen and try to understand what is important).	3. no specific interventions were implemented
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**16. Were NPS discussed during the drug use prevention activity that you have participated in?**

1. Yes	3. I have never taken part in any drug use prevention activity
2. No	4. I don't remember/ I don't know

**17. How useful did you consider the drug use prevention activity that you have participated in?**

1. Not useful at all	3. Somewhat useful	5. I have never taken part in any drug use prevention activity
2. Not very useful	4. Very useful	6. I don't know

**18. Did you enjoy the topic approach during the drug use prevention activity that you have participated in?**

1. Yes	2. No	3. I have never taken part in any drug use prevention activity
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**19. How was the information presented in the drug use prevention activity? (mark multiple answers if you consider it appropriate)**

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1. Oral presentation supported by PowerPoint slides (ppt).
2. Video presentation about drugs and their effects on the user
3. Video presentation about drugs and their effects on the user, as well as discussions based on video
4. Free discussion on the topic of drug use
5. Games
6. Video games
7. Building and analysing scenarios around a character who uses drugs
8. I have not taken part at any drug use prevention activity
9. I don't remebre
10. Others (*please specify*).....

<b>20. To what extent are you interested in collaborating with your colleagues in the construction of open educational resources to counter the NPS phenomenon?</b>				
1. I am not interested at all	2. I am somewhat interested	3. I am interested	4. I am very willing to be involved in such activities	5. I don't know

**21. How would you like to learn more about NPS use prevention? Please write down below your preferred means of learning.**

1. ....
2. ....
3. ....

<b>22. Which of the following didactic 'approaches' would you like to use to work on NPS prevention and education? (mark multiple answers if you consider it appropriate)</b>
<ol style="list-style-type: none"> <li>1. Oral presentation supported by PowerPoint slides (ppt).</li> <li>2. Video presentation about drugs and their effects on the user</li> </ol>

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3. Video presentation about drugs and their effects on the user, as well as discussions based on video
4. Free discussion on the topic of drug use
5. Practical cases and testimonies
6. Building and analysing scenarios around a character who uses drugs
7. Games
8. Video games
9. Use of open educational resources available on the Internet
10. Group work (e.g. construction of information materials using digital technologies and online communication tools)
11. Construction of digital educational proposals and resources that see my active participation (and not only receptor of information)
12. Constructing a video game to deal with the problem of NPS
13. Others (please specify).....

**23. Do you think watching a movie about the use and effects of NPS can have a positive effect on the prevention/reduction/ending of NPS use?**

- |        |       |                 |
|--------|-------|-----------------|
| 1. Yes | 2. No | 3. I don't know |
|--------|-------|-----------------|

**24. Which of the following would you like to find out more about? (mark multiple answers if you consider it appropriate)**

- |                                  |  |
|----------------------------------|--|
| 1. Types of NPS                  | 2. Effects of NPS use                        |
| 3. Diffusion channels of NPS     | 4. Means of consumption of NPS               |
| 5. Information sources about NPS | 6. Media representation of NPS and NPS users |
| Others (please specify) .....    |  |

**25. Do you consider it necessary for a subject on the topic of NPS to be included in the curriculum?**

- |        |       |                 |
|--------|-------|-----------------|
| 1. Yes | 2. No | 3. I don't know |
|--------|-------|-----------------|

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<b>26. Would you be willing to take part in activities to create teaching aids on the topic of NPS?</b>	1. Yes	2. No	3. I don't know
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**27. What means of teaching about NPS to students, do you consider the most appropriate?**

1. ....
2. ....
3. ....

<b>28 To what degree are you willing to be involved in teaching about NPS to your students?</b>				
1. Very low	2. Low	3. High	4. Very high	5. I don't know

<b>29. To what degree are you willing to create content on the topic of NPS for teaching to students?</b>
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1. Very low	2. Low	3. High	4. Very high	5. I don't know
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<b>30. Have you taken part in training programs for drug use prevention held by authorized personnel (teachers, specialists, authorities, others)?</b>	
1. Yes	2. No

**31. Given the specifics of the school you teach at, what are some of the issues you are faced with when approaching the topic of NPS in the classroom, topics that you wish to be included in the training program (ideas, suggestions)?**

.....  
 .....

**32. What do you consider to be useful in a training activity for teaching staff focusing on the topic of NPS (ideas, suggestions)?**

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.....

**33. Please add any further ideas or observations regarding the topic of NPS.**

.....  
.....

**34. Your age falls into the range:**

1. 20...30	2. 31....40	3. 41...50	4. 51...60	5. Over 60	6. I prefer to not answer
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**Thank you!**

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